

The course is equivalent to 1, 2 or 3 A Levels (depending on the course followed) and in all cases is a 2 year programme of study.

The course is designed for students who are enthusiastic about sport and are interested in possibly pursuing this in the future. It will allow students to gain a broad understanding of a variety of sporting fields, offering an insight into numerous careers within the sports industry. Each course is delivered through units of work that cover a variety of sporting topics, and this is different dependent on the course selected. The BTEC in Sport allows students to experience the world of sport within a practical setting, and incorporates visits to facilities within the sporting world which can offer valuable insight into possible careers in this field. In addition students will have the opportunity to undertake coaching and fitness qualifications and sporting activities across a broad curriculum.

Edexcel Qualifications available:

- BTEC Level 3 National Extended Certificate in Sport (1 A Level)
- BTEC Level 3 National Diploma in Fitness Services (2 A Levels)
- BTEC Level 3 National Diploma in Sports Performance and Excellence (2 A Levels)
- BTEC Level 3 National Extended Diploma in Sport and Physical Activity Development (3 A Levels)

### Entry requirements

The entry requirements for this course are 5 GCSEs at grades 4-9 (or BTEC equivalents).

### Course Content

#### **BTEC Extended Certificate - equivalent to 1 A Level**

- ◆ Anatomy and Physiology
- ◆ Fitness Training and Programming
- ◆ Professional Development in the Sports Industry
- ◆ Sports Leadership
- ◆ Practical Sports Performance

#### **BTEC Diploma in Fitness Services - equivalent to 2 A Levels**

- ◆ Application of Fitness Testing
- ◆ Self Employment in the Sports Industry
- ◆ Instructing Gym based exercise
- ◆ Exercise and Circuit based physical activity
- ◆ Sports Injury Management

# Sport BTEC Level 3



## Course Content

### **BTEC Diploma in Sports Performance - equivalent to 2 A Levels**

- ◆ Sports Psychology
- ◆ Coaching for Performance
- ◆ Technical and Tactical Demands for Sport
- ◆ The Athlete's Lifestyle
- ◆ Sports Performance Analysis

### **BTEC Extended Diploma in Sport and Physical Activity - equivalent to 3 A Levels**

- ◆ Research Methods in Sport
- ◆ Sports Event Organisation
- ◆ Development and Provision of Sport and Physical Activity
- ◆ Coaching and Leading for Participation
- ◆ Rules, Regulations and Officiating in Sport

## Approach to Teaching and Learning

- ◆ Lectures
- ◆ Practical activities
- ◆ Individual reviews with your teacher
- ◆ Individual research
- ◆ Group work
- ◆ Class discussion
- ◆ Study packs
- ◆ Workshops
- ◆ Visits



## Future Prospects

On successful completion of a BTEC in Sport, students can progress into employment in the sports or leisure industry and/or continue their studies at higher education establishments, leading to numerous specialist courses, for example Sport Science, Sports Coaching, Sports Development, PE Teaching. Throughout the sport course, students will be given information regarding potential courses, and have the opportunity to visit universities to learn more about the courses on offer.