Christmas and New Year Helpline Numbers

If you urgently need any advice or support during the Christmas period or have any safeguarding concern, please ring MASH on 01925 443322 opt 1 (9:00 – 5:00pm) for MASH out of hours 01925 443322 opt 2

First Response Team for aged over 18 is 01925 443322

Housing Out of hours - Emergency number for 01925 444400

Kooth.com – Online counselling for young people

LGBT Foundation Helpline – 0345 3 30 30 30

Drinkline – 0300 123 1110 (www.drinkaware.co.uk)

HOPELineUK – 0800 068 41 41 (suicide prevention)

Frank (national drugs helpline) - 0300 123 66 00 www.talktofrank.com)

Samaritans – 116 123

Childline - 0800 1111

Get connected - (confidential helpline for young people) 01873 858811

The Mix (Under 25s Helpline) 0808 808 4994

Mind – (for better mental health) 0300 123 3393, or, text 86463

Wakefield House – 01925 666 660

Pathways – 01925 415 176

NSPCC — 01925 873 000

Foodbank - 01925 977 630

IDVA - 01925 243n359

Health visitor — 01925 946904

Midwives—01925 662 092

Facebook Pages with free food available - HapiHub, Free Food
Warrington, Neighbourhood Food Larder, Good Neighbourhood WA5,
Kings Table Kings Church Warrington, Warrington Community Grocery,
Bewsey Community Shop, Helping Hands, Changing Lives CIC.

Warrington Hospital 01925 635911

Women's Aid 01925 417138

NHS direct (24 helpline) 111

NSPCC 0808 800 5000

Warrington police 01244 350 000

National Gas Emergency Line (gas leaks) 0800 111 999

St Joseph's family centre 01925 635448

Websites to keep the Kids Occupied

Barefootcas.org.uk **BBC** bitesize Letters-and-sounds.com Ictgames.com Science kids Sciencebob.com Stem.org.uk/teaching-science-through-stories Primartresources.co.uk Teachingideas.co.uk Theteacherscorner.net Kidzone Sparklebox Dltk-kids.com Bigactivites.com Thelittleactivitychest.com Bigeyeowl.co.uk Ichild.co.uk Education.scholastic.co.uk Go Noodle Just Dance – You tube video Jack Hartmann kids music channel – you tube video www.cosmickidsyoga.com

Useful contacts

Citizens Advice Warrington

Food and pre-payment meter fuel vouchers.

Open: 26 - 29 December (emergencies only) 10am to 12 noon

Closed: 22 Dec at 1:30pm, 1 Jan

Phone: 0808 278 7993 if busy or urgent email or visit the Gateway.

Email: admin@warrington.cabnet.org.uk
Web: warrington-advice.co.uk

Address: the Gateway, 89 Sankey Street, WA1 1SR

Warrington Open Door at Christmas (WODAC)

Food parcels, hot meals, warm clothing, activities and support. Transport available.

Open: 25 Dec to 1 Jan 9:30am - 3:30pm

Phone: 01925 568400

Email: hello@wodac.org.uk

Web: wodac.org.uk

Address: St Johns Church, Wilderspool Causeway, WA4 6QE

Food network Christmas map

Community food help, open over the festive period. Web: warringtonva.org.uk/warrington-food-

Happy? Ok? Sad?

network

Mental health resources Web: happyoksad.org.uk

Warrington Foodbank Main Hub

Food parcels for people who are struggling.

Vouchers needed from Citizens Advice, GPs,

Warrington Wellbeing, Call us how to get a voucher

Open: till 22, 27 to 29 Dec, 2 Jan Closed: 23 - 26, 30 - 31 Dev, 1 Jan

Visit the website or call for opening times

Phone: 01925 977630

Email: info@warrington.foodbank.org.uk

Web: warrington.foodbank.org.uk Address: Unit 2 Tanning Court (behind DFS

Riverside Retail), WA1 2HF

Community Shop Bewsey

Community Shop for affordable food, must be on means-tested benefit to become a member.

Open: till 23, 27 - 30 Dec, 2 Jan

Closed: 24 - 26, 31 Dec, 1 Jan

Phone: 01925 940833

Web: companyshopgroup.co.uk/companyshop/

Address: 8 Bewsey Park Close, Bewsey, WAS OAN

Warrington Youth Zone

Open: Over Christmas and New Year Closed: 25 - 26, 31 Dec, 1st Jan

Phone: 01925 977277

Visit: warringtonyouthzone.org/youngpeople/sessions

Warrington Disability Partnership

Energy Saving Support - Advice on all energy matters, energy saving tips, financial support, grants, home visits. Community Café with Lunch Clubs. Credit Union.

Phone: 01925 240064

Email: E.houghton@disabilitypartnership.org.uk
Web: disabilitypartnership.org.uk

Address: Centre for Independent Living, Evelyn Street, Warrington, WA5 1BA

Holiday Activity and Food

For children on means-tested Free School Meals a free nutritious meal and fun activities in the school holidays. For places and dates, sign up online.

Visit: warrington.gov.uk/haf

Unify credit union

Phone: 01942 245656

Web: unifycu.org

Money Helper
Web: moneyhelper.org.uk

Money Saving Expert

Web: moneysavingexpert.com

Money and debt advice

Web: warrington.gov.uk/debt

Samaritans 24-7 Helpline

Phone: 116 123